

EDUCATION

ACTION

PRACTICE

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## INTRODUCTION

One of the greatest challenges in life is to do right and continue the process for the rest of your existence. Also when you move on from the physical realm is to leave an example of your life's work that will impact continuing generations positively. Then a question may arise from inquiring patrons, "what is right or correct in life?" I will utter that rational thinkers can assemble and draw conclusions to determine what's right and correct in life. Next, what can individuals do to live a proper and productive life? What can we look to as a guide to follow some procedure or instruction to live a productive life? When we are born our environment usually provide us with a way to live and that's not always an excellent situation. Therefore, environment plays a key role in development and then free will and choice becomes the purveyor of the individual in relations to doing right or wrong. When a person makes choices the outcomes can either be constructive or destructive. These behaviors can become habits that will result in healthy life or addictive detrimental life. The moment a person reach a point in life where they began to establish independent thoughts, the results can be either stagnation or progression. A state of stagnation is accepting your condition as it is without question or defiance. Progression is constantly moving forward, evaluating and improving actions to enhance the state of being. People who choose to be progressive are initiators of human growth and development. Stagnate people tend to only go so far in life and succumb to societal norms and assimilate into a robotic state (mentally controlled entities). People in this state will follow popular culture and not think for themselves. The focus of this perspective is to serve as a tool to help uplift the human condition to enhance humanity. Carefully analyzing the state of people, it's safe to say that we can definitely be better global entities. The concepts pertaining to this perspective are "Triangle Elements of Improvement" and "The Circle of Repetitive Refinement".

## EDUCATION

Education has a definition in a Standard English dictionary in which I choose not to use it for this perspective. Therefore I asked a group of thirty-two educators and college students, with the majority being educators, "What is your definition of education"? Using all similar aspects from each definition, I created one. "Education is "The formal and informal process of acquiring knowledge and skills through multiple sources to sustain and advance life". Formal processes can be public education and training institutions. Examples are public schools with grades from pre classes to twelfth grade and college. Training institutions focuses on specialize specific areas

of interest. Examples of training institutions are carpentry, plumbing, refrigeration, nursing and etc. These institutions usually requires less time than schools and colleges to complete. Informal processes are every day interaction and experiences. Examples are talking to people, doing chores, playing, making mistakes and etc. Knowledge is a body of mental information stored in ones cerebral cranium. Skills are a set of capable abilities that can be carried out to achieve specific actions. An example would be a surgeon in which that person can perform surgical procedures on patients to benefit their health. Multiple sources are all areas of physical life; home, public, and private places. Sustain is to remain, stay, continue in the state that one is in while living. Specifically, the state of learning. Advance is simply the state of improvement, from crawling to walking. Therefore, "Education" is the first of the three elements of the "Triangle Elements of Improvement".

## ACTION

Action is the process of doing general life activities. All people are constantly in the state of some action. These actions can enhance, construct or detriment, destruct one's life. The challenge for people is for them to determine which actions are correct that will lead to a productive life. This is where education factor in the equation, therefore if a person have a knowledge base and skill set of information pertaining to living correctly, consequently they should have a productive life. The word should is very important because people may have an education base but choose not to use it and partake in destructive life styles. The power of choice is a key component, which will determine critical outcomes in life. When choices are made the outcome can either be constructive or destructive. Example, when a person exercise by walking a few miles per day, it will help the circulatory system of the body which is beneficial to life, a constructive activity. An adverse example is when a person don't exercise at all which usually lead to poor health. Most people have this knowledge base but choice is the determining factor if they will exercise or not. People using education in a constructive manner will result in people's lives being fulfilling. Therefore, "Action" is the second element of the "Triangle Elements of Improvement".

## PRACTICE

Practice is the act of carrying out a task and repeating it continually to refine the action (the more it's done the better it gets). When people determine the correct actions and implement them the process must continually repeat to enhance life. Therefore practicing practical life activities should be the goal of any person who desire to improve their life. This element concludes the "Triangle Elements of Improvement", which leads to the concept of "The Circle of Repetitive Refinement". Take the triangle elements of improvement and use it continuously (the circle of repetitive refinement) and your life will improve.

## Conclusion

This perspective as mentioned above is a tool to help improve life. We all learn the ways of our environment, but we must determine if it enhances or destroys us. When we can clearly

visualize that all people are beneficiaries of life, then that's the state of advanced humanity. Currently we can agree that the human condition is far from ideal for all. Sometimes I wonder if or will the human condition change. Being optimistic, I must strive to make it change and hopefully people will join this mentality. Seek education that pertains to life enhancement, implement its actions and practice them continually. This is "The Triangle Elements of Improvement" and "The Circle of Repetitive Refinement".