

In-Power

Rashaki Maskani Perspective

To those who choose to read this perspective, I encourage you to think unconventionally, if so we as a people will improve our condition. I teach high school math, where adolescents get their last educational experience before adulthood. On a typical day, most students and some staff are late to school which starts at 8:00 a.m. When the warning bell sounds, a large number of students do not move; then, the final bell rings and some students begin to move to class while others remain standing and socializing. When the students speak, they use inappropriate language in and out of class without acknowledging the fact that they may be offending their peers or adults. A small percentage of students rarely attend class. They are considered chronic ditchers and they spend their time gambling, using drugs, and disturbing classes instead of attending class. The majority of the staff does not have effective strategies to address students' inappropriate behavioral issues. This is a reflection of a greater societal challenge we have globally. I will give two more examples of this societal problem.

I live in the United States of America which began in 1776. In its inception, a minority population from England ruled and pillaged to take a landmass which was centralized for them only where other ethnic groups were placed in a position of servitude. African slaves and Native Americans/Indigenous people experienced brutality and extermination which negatively impacted them mentally and still impacts them in this present day. In many non-white (less affluent) communities, people tend to act destructively which is a direct result of mistreatment by an inhumane power structure system.

In the final example, some countries are afflicted by constant war and dogmatic behavior. Israel is a territory that has two main ethnic groups, Zionist Jews and Palestinians, where the Jews dominate and subject the Palestinians to apartheid conditions. Currently, there are numerous countries in some type of war condition or governmental inhumane treatment that causes large groups of people to become refugees. Refugees must find a place where they are accepted, which is the first challenge, then a second is to begin a new life in a strange land. This continuous cycle globally places humanity in the stagnation of disarray. People can't improve and thrive in constrained conditions.

The time is now to bring about an advanced consciousness. The end game is total "Civility". In order to revolutionize the condition of Man/Woman, people would have to go with-in themselves to access a power source that's naturally given by the Entity that created all living things. Knowing that all living is phenomenal, the task of our existence is to figure out how to maximize the daily interactions to have harmonious positive outcomes. In these interactions conflicting ideas will arise, then positive resolution strategies should be used to resolve the differences. All interactions must have a genesis from an advanced group of thinkers who's willing to search within themselves to access a power source to overcome their current state of mentality inherited from an incorrect environment that currently persists today. There's a power hierarchy that dominates the world in which its influence reaches a

significant amount of people to perpetuate its effectiveness to survive and thrive. Each individual that has the consciousness of self-improvement and consideration are the people who can bring about a change to move humanity forward. People who have been heavily mentally infiltrated by our society are the infected ones who would have to go through a mental cleansing to be introduced to a new way of thinking (retrained).

In-Power is a concept that involves the ability to access the natural mental power that every individual possesses if they were born without brain defects. People and most natural living beings have the ability to adapt and adjust to their environment. Humans are somewhat different than most other living entities because of its interdependence on other living people. People learn from observation of other people around them. Infants learn through imitating the parents/guardians and other people around them, which describes interdependence. If a human infant could survive without other people, they would act similar to other living entities in that particular environment. If a developed human was isolated in a place where other people weren't present, then the chances of survival would be greater and possibly live a full human term. Animals and insects generally can survive and reach their highest potential in livable environments without any of their counterparts. For example, a dog can live with humans without any other of its kind and attain its highest potential as a dog. Humans are trained by other humans and their characteristics are all learned. The human behavioral cycle is primitive at best because people are engaged in constant conflict without the ability to resolve differences where the outcome is constructive for all parties involved. A key opponent of the current human status is the implementation of the concept "In-Power".

The first step to accessing In-Power is recognizing that we are in an environment that's not conducive to healthy global living. For example, I was a full participant in some unhealthy activities that weren't conducive to a productive thriving environment. Like many, I was fully engulfed in the life-style of an American (USA) ideal-ology of a destructive contradictory mind-set. For example, many people drink liquor which contributes to many destructive outcomes, but in turn, attempt to justify participating in the activity. This mentality stretches to other American areas such as colleges where students (some, not all but a large amount) build mentally during the day and at night drink and do drugs, which is a clear contradiction. I was subject to this behavior in which I attempted to justify and built up a tolerance to these activities.

Step two is distinguishment, being able to recognize what is constructive versus non-constructive behaviors. Once you're able to distinguish what's acceptable behavior to be displayed and carried out, then the challenge becomes, "do I want to ascribe to what's most beneficial to contribute to a productive society (having the will to change)?" In conjunction with the will to change is the fight to build new productive habits. What a person is used to doing is most comfortable to them, and with the change, uncomfortable conditions will formulate, and the challenge is great. This situation is comparable to being out of physical shape, starting to work out could be very painful, but once you get through the initial uncomfortable stage, then it gets easier, and moving forward the goal becomes more attainable.

Step three is practice, you know what to do to make yourself aware and better in this environment, therefore implement the improvement plan and proceed to do it daily. For example, I or you have a bad habit of reacting to others negatively when they do something out of the ordinary in which we don't understand what's causing the behavior. If I or you take a moment to consider that something may be causing this person to act unusual, then we can approach the situation with investigative understanding, and not negativity.

The final step is refinement, once you have tapped into your natural inner power source and activated it, and then you can grow in self-empowerment. I always ascribe to the train of thought of being an example for others to follow, "if people around see that I can achieve the task of changing for the betterment of our environment then they can do it also!" Refinement is taking what you have and making it better.

In conclusion, each well-intended person should want to live in a world that's conducive to living conditions where people can achieve attainable goals and thrive to live out their lives to the fullest of their ability. This sounds productive, but we have the challenge to accomplish feats like this in life. The question to all who read this perspective, "Are you willing to go with-in and access your powerful self to make the world better"? I am!